

Coaches,

We would like to thank you for participating in our Summer Swim Meet 2010.

### Thomasville Warm-up Schedule

The first warm up session will begin at 7:15 am - 7:45

Lanes 1 & 2 - Moultrie

Lanes 3 & 4 - Parkway Tallahassee

Lanes 5 & 6 - Tallahassee ATAC

Lanes 7 & 8 - Thomasville ATAC

The second warm up session will begin at 7:45 am

Lane 1 - Aqua Darts

Lane 2 - Suwannee

Lanes 3 & 4 - Marianna

Lanes 5 & 6 - Tift Area

Lanes 7 & 8 - Valdosta

The swim meet will begin at 8:30